

MORE INFO: [diana.embodiment@gmail.com](mailto:diana.embodiment@gmail.com)





EMBODYING RECONCILIATION - HVPM - JICUF

## PEACEBUILDING THROUGH DANCE, SPORTS & GAMES

### MOVING TOGETHER TOWARD PEACE PROJECT

This course is part of a wider intercultural exchange program among Japan, Colombia, India and Italy. It offers a unique immersive experience in Colombian dances (salsa, cumbia, currulao), weaving techniques, traditional sports and games from Colombia and India.

You will discover the potential of building bridges of peace between different cultures, while exploring the richness of those embodied traditions in a fun and practical way.



**Diana Gutiérrez**  
Embodying Reconciliation CEO  
Rotary Peace Fellow  
Colombian Dance Researcher



**Pranav Chendke**  
from HVPM Institute - India  
Expert in Indian Sports  
& Traditional Games



FREE ENTRY - ICU Campus  
September- October 2023

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## PEACEBUILDING THROUGH DANCE, SPORTS & GAMES

CALENDAR SEPTEMBER - OCTOBER 2023

- 25.9 MON, Lunch Time
- 26.9 TUE, Period 4
- 27.9 WED, Lunch Time
- 29.9 FRI, Lunch Time
- 30.9 SAT, Period 4
- 2.10 MON, Lunch Time
- 3.10 TUE, Period 4
- 4.10 WED, Lunch Time
- 6.10 FRI, Lunch Time

\*Lunch Time: 12.40-13.40  
Period 4: 13.50-15

Intro Musesum Bodies for Empathy  
Currulao: Traditional Colombian Dance  
Social & Salsa Dances  
Cumbia: Traditional Colombian  
Empathy Through Dance & Movement  
Colombian Weaving Techniques & TSG  
Colombian & Indian Board Games  
Colombian & Indian Games  
Traditional Sports & Games Exchange  
among Colombia, India & Japan

8.10, SUN: ICU FESTIVAL: PERFORMANCE & EXHIBITION

9.10, MON: ICU FESTIVAL: PERFORMANCE & EXHIBITION

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EMBODYING RECONCILIATION - HVPM - JICUF - BEEOMLIVING

## PEACEBUILDING THROUGH ARTS & CULTURE

CERTIFIED TRAINING PROGRAM - MOVING TOGETHER TOWARD PEACE

An experiential training program which offers creative, artistic and cultural tools to foster peace-making initiatives and to work for planting the seeds of a culture of peace, respect for diversity and sustainability.

The course is endorsed by two accredited NGOs by UNESCO, Embodying Reconciliation (Colombia) and HVPM (India) and a certificate of participation is offered by the completion of all modules.

SAT 11.11, MODULE 1 - Soft Skills and Human Values for Peace Building

SAT 19.11, MODULE 2 - Intangible Cultural Heritage (ICH) and Creativity

SAT 25.11, MODULE 3 - Ecosomatics, Ecosensitivity, Earth Empathy Arts

\*Lunch Time + Period 4: h 12.40-15



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# EMPATHY MUSEUM

MOVING TOGETHER TOWARD PEACE

Empathy Museum is a peace-building model that works through the recognition of the wealth and diversity of intangible cultural heritage with a focus on youth empowerment by using creative tools to enhance their sense of belonging, empathy and community building skills. It is a pretty unique chance to be part of an online ongoing museum project which keeps expanding and connecting young people from all over the world. Wanna be part of the change and become part of our youth team?

Aims of the project:

- Fostering and reinforcing local identity and belonging
- Enhancing respect for cultural diversity
- Boosting self-esteem
- Being part of our Youth Community for Socially Engaged Art & Cultural Heritage
- Becoming a cultural ambassador and a promoter of Intercultural Exchange events

12.11 SUN

Empathy through Arts

20.11 SUN

Empathy & Living Pictures

26.11 SUN

Empathy Collective Ritual

\*Lunch Time + Period 4: h 12.40-15



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